Primary Care Review

The latest news, views, and announcements from Michigan Multipayer Initiatives

April 2024

Michigan Multipayer Initiatives (MMI) convenes payers, practices, Physician Organizations and community stakeholders to lead the transformation of primary care and improve care value, equity, quality, and patient experience in Michigan. To be added to our distribution list, send an email with "Add Me to Newsletter Distribution '' in the subject line to multipayerprimcare@med.umich.edu. Our website is at https://mimultipayerinitiatives.org/. To share an idea or ask a question, please contact Diane Marriott (dbechel@umich.edu or 734 740 0511).

Three New SDOH Hub Regions Announced by MDHHS

The MDHHS SDoH Strategy is in its third year of improving health and social outcomes for all Michigan residents while working to achieve health equity by eliminating disparities and barriers to social and economic opportunity. It is a marathon, not a sprint, and will require committed effort and a solid foundation for long term sustainability. There is a great deal of work across the state to strive towards that aim.

For example, you'll remember that one of the key components of the Phase III MDHHS SDoH Strategy was the concept of SDoH hubs. The hubs are intended to be regional initiatives that bring community members, health care professionals, social service providers, government partners, and business leaders together to address the social determinants of health (SDoH) and improve health equity. Communities are unique and so are the hubs that serve them. Local community input guides how each hub is structured, what is prioritized, and how to spend resources.
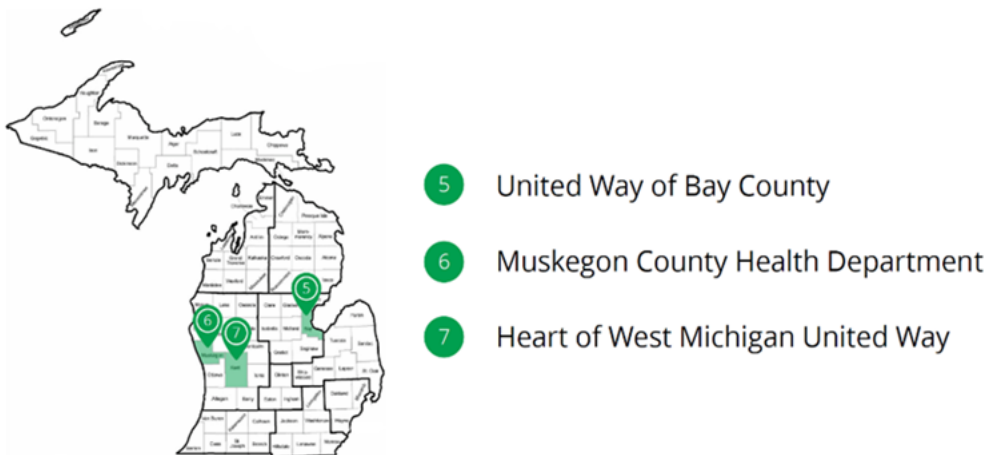
What do the SDoH Hubs work on?

- Connecting with local partners and bringing them together for community-informed design
- Identifying areas of opportunity for community information exchange (CIE)
- Exploring ways to incorporate a Health in All Policies (HiAP) approach. This includes the Good Housing = Good Health program, which increases housing access, educates to prevent the loss of housing, and enhances the well-being of families with the highest barriers to secure, safe, affordable housing. It also includes food delivery service to improve nutrition, and fully optimizing the use of community health workers (CHWs).
- Periodically meeting together to exchange learnings and best practices to combine the best thinking of all

In January, MDHHS announced the Cohort 1 SDoH Hub awardees (Detroit Health Department; District Health Department #10; Greater Flint Health Coalition and the United Way; and Wayne County Health Department). MDHHS just announced the selection of three new SDOH Hubs pilot for the launch of the second cohort. This brings the total count of announced hubs to seven, and a third cohort will launch on May 1.

Let's get to know the three new Cohort 2 hubs:

- In Bay County, the United Way of Bay County will include a technology solution so that community navigators can *connect individuals & families with health, human, and social service resources to better meet SDOH needs.*

- In Muskegon County, the Muskegon County Health Department will connect with current county and state CIE efforts and serve to support and strengthen community -based organizations.
- In Kent County, Heart of West Michigan United Way will work with Kent County Health Department, Health Net of West Michigan, and the Kent County Essential Needs Task Force to deploy Community Health Navigators (CHN) to identify populations of need and type of need with a focus on access to food.

To learn more about the SDOH Hubs, including an overview of each hub site, please visit www.Michigan.gov/SDOH.

5 — United Way of Bay County

6 — Muskegon County Health Department

7 — Heart of West Michigan United Way

Who and What is a Covered Entity? A New Tool Makes it Easy

Did you know that CMS has an entire area called the National Standards Group (NSG) within the Office of Burden Reduction & Health Informatics (OBRHI) that is responsible for administering HIPAA Administrative Simplification requirements related to transactions like electronic claims and payment? Provisions related to privacy and security, however, are under the domain of the Office for Civil Rights (OCR).

Included on the HIPAA Administrative Simplification website is a new tool to make it easier to understand the concept of HIPAA covered entities. The decision tree asks a number of questions that allow you to click and go to find out what is and what is not fits the covered entity definition. This has always been important for the secure transmittal of health care information, but is even more timely now, with the need to properly steward social care data. In the long term, it's possible and even probable that federal guidance will be issued to guide and guard social care/health care data exchange. Until then, many states, including our own, are working on methods and protections for securely exchanging social care data. It is important work in Michigan and aims to be helpful for the growth of Community Information Exchange (CIE) efforts aimed at addressing social determinants of health.

Medicaid Rebid Decisions Announced

In earlier editions of the Primary Care Review we covered the MIHealthyLife initiative, a competitive procurement to award the next cycle of contracts for Michigan's Medicaid health plans, which combined serve 2.2 million Michiganders receiving coverage through Medicaid and the Healthy Michigan Plan.

Earlier this month, the Michigan Department of Health and Human Services (MDHHS) announced the successful contract awardees. The estimated total value of contracts awarded is $15.7 billion. The nine plans now providing coverage for Medicaid and Healthy Michigan stay the same, but there were some changes within regions. The new contracts will take effect on October 1, 2024 and will extend for five-years with three optional one-year extensions possible.

Here is a breakdown of what the coverage options for Medicaid members will look like when the new award goes into effect. A (-) in the last column indicates that a current plan will not be renewed, and a (+) means that a plan that is not currently servicing Medicaid members in a region will be doing so with the new awards.

Regions	Current Plans	10/1/24 Plans	Changes
Region 1 – Upper Peninsula Prosperity Alliance	Upper Peninsula Health Plan	Upper Peninsula Health Plan	None
Region 2 – Northwest Prosperity Region	McLaren, Meridian, Molina, United	Blue Cross Complete, McLaren, Molina, Priority	(-)Meridian and United (+)BCC and Priority
Region 3 – Northeast Prosperity Region	McLaren, Meridian, Molina, United	Blue Cross Complete, McLaren, Molina, Priority	(-)Meridian and United (+)BCC and Priority
Region 4 – West Michigan Prosperity Alliance	Blue Cross Complete, McLaren, Meridian, Molina, Priority, United	Blue Cross Complete, McLaren, Meridian , Molina, Priority, United	None
Region 5 – East Central Michigan Prosperity Region	McLaren, Meridian, Molina, United	Blue Cross Complete, McLaren, Meridian, Molina	(-)United (+)BCC
Region 6 – East Michigan Prosperity Region	Blue Cross Complete, HAP CareSource, McLaren, Meridian, Molina, United	Blue Cross Complete, HAP CareSource, McLaren, Meridian, Molina, United	None
Region 7 – South Central Prosperity Region	Blue Cross Complete, McLaren, Meridian, Molina	Aetna, HAP CareSource, McLaren, United	(-)BCC, Meridian and Molina (+)Aetna, HAP CareSource, and United
Region 8 – Southwest Prosperity Region	Aetna, McLaren, Meridian, Molina, Priority, United	Aetna, McLaren, Meridian, United	(-)Molina and Priority
Region 9 – Southeast Prosperity Region	Aetna, Blue Cross Complete, McLaren, Meridian, Molina, United	Aetna, Blue Cross Complete, HAP CareSource, McLaren, Meridian Health Plan, United	(-)Molina (+)HAP CareSource
Region 10 – Detroit Metro Prosperity Region	Aetna, Blue Cross Complete, HAP CareSource, McLaren, Meridian, Molina, Priority, United	Aetna, Blue Cross Complete, HAP CareSource, McLaren, Meridian, Molina, Priority, United	None

The information is important because the new plan contracts include provisions that prioritize health equity, address social determinants of health, increase childhood immunization rates, and improve access to health care providers.

Several of these changes seek to address social determinants of health through investment in and engagement with community-based organizations. The introduction of "in lieu of services" is one of these important changes and will allow plans to pay for nutrition services that have been shown to improve health.

MDHHS Behavioral Health Loan Repayment Program

Did you know that MDHHS operates a Behavioral Health Loan Repayment Program (BHLRP)? It's a medical education debt repayment program focused on incentivizing behavioral health care providers to practice in underserved areas in Michigan. Eligible providers will receive student loan repayment for providing mental health services in eligible nonprofit, outpatient practice sites, or public school-based systems. The program has a two-year service obligation.

The 2024 [FY25] Application Cycle will open on Monday, April 29 and close on Friday, May 24, 2024. The program is available to behavioral health providers, including psychiatrists, psychologists, social workers, counselors, therapists, case managers and certified behavioral analysts. Those eligible must provide in-person, outpatient behavioral health services through eligible nonprofit practice sites, including public school-based systems and community mental health organizations. Current behavioral health providers are encouraged to apply.

Selected applicants enter into consecutive two-year agreements. The program will assist those selected with up to $300,000 to repay educational debt over a period of up to 10 years. A prioritization system will be used to rank applicants as follows:

- Priority Group #1: Child providers in a Community Mental Health Authority setting.
- Priority Group #2: Child providers in a public school-based setting.
- Priority Group #3: Child providers in any nonprofit, eligible setting.
- Priority Group #4: Adult providers in a Community Mental Health Authority setting.
- Priority Group #5: Adult providers in any nonprofit, eligible setting.

Further information regarding eligibility, selection criteria, application instructions and frequently asked questions can be found at https://www.michigan.gov/mdhhs/doing-business/providers/behavioral-health-loan-repayment-program

MDHHS Sponsored Doula Training in Southeast Michigan!

MDHHS is sponsoring trainings in southeast Michigan designed to add new Michigan doulas to the doula network, thereby increasing access to doula services for Michigan families.

Trainings include stipends and are open to Michigan residents who are:

- At least 18 years of age
- Plan to become Medicaid enrolled providers
- Have not already completed any birth doula training.

Birthworkers of Color Collective (BWOCC)
Full Spectrum Doula Training
Facilitator: Stevie Merino
April 25-28, 2024 from 10:00 a.m. – 5:30 p.m. each day

This is a 4-day live, in-person intensive training with additional required self-paced virtual learning.
For more information and registration, please visit: BWOCC Full Spectrum Training

THE TRAINING CORNER

To better serve you, we have expanded the array of care management and team-based training sessions. We are fortunate to have MiCMT, Mi-CCSI, MiCHWA, IHP, PTI and our newest addition Health Net of West Michigan to provide expert training on important topics in primary care. Here is a summary of their upcoming training sessions.

Michigan Institute for Care Management and Transformation (MICMT)

The Chronic Kidney Disease webinar series aims to enhance care-team members knowledge about Chronic Kidney Disease (CKD) and End Stage Renal Disease (ESRD). The webinars feature a panel of experts and will highlight a range of topics such as screening for chronic kidney disease and end stage renal disease, treatment modalities, appropriate testing, result interpretation, and best practices. Registration for the live CKD webinar 4/23/24 "End Stage Renal Disease (ESRD): Treatment Options" is here.

Please be sure to check MICMT's event calendar to view a list of upcoming trainings, including live webinars or at a glance view please find the event calendars and event flyers in the "news" section here.   Questions and concerns can be shared at https://micmt-cares.org/contact

Michigan Center for Clinical Systems Improvement (Mi-CCSI)

This month, MI-CCSI would like to feature our Advanced Engagement and Serious Illness Trainings. Additional training topics that we offer are Pain Management and SUD, Team-based Care, and Engagement. MI-CCSI is committed to "bettering care." We do so by ensuring training is based on the most current evidence and adheres to the fidelity of the core concepts. We take great pride in ensuring our trainers and presenters are well respected and well-versed in the subject matter of the training and presentation. Please visit our website to learn more about our organizations and available training.

Advanced Engagement Training

During this highly interactive, multi-session training series, the learner will advance their skills in Motivational Interviewing. Learners will be offered multiple learning methods such as didactic discussion, small and large group practice, introspection, videos, hypothesis generation, low-stakes testing, and self-study. Evaluation of progress will be measured with knowledge tests and skill observation with individualized feedback and coaching.

The literature is clear on what it takes to master the evidence based, complex communication style of Motivational Interviewing. Practitioners require knowledge and skill lessons, knowledge and skill practice and most importantly, feedback on how well they are translating the lessons into actual practice. This course is designed to follow these recommendations and will provide the learners with the experiences necessary to acquire this valuable skill.

Who should consider taking this course? If you are training on the engagement course for MICMT, this training will advance your skills as an effective trainer. Building on the core concepts of motivational interviewing empowers the trainer to maintain fidelity to the key concepts of motivational interviewing and strengthens the trainer's confidence and ability to support others. The evidence clearly states, to learn motivational interviewing it is important to do motivational interviewing. In this training we will have attendees participate in a number of hands-on activities and end the training with simulation.

To register, visit the MI-CCSI website at https://www.miccsi.org/training_event/advancing-skills-in-patient-engagement-training/.

Serious Illness (Previously Palliative Care) Training

An evidence-based care approach to assist patients diagnosed with a serious illness.

This training, using evidence-based approaches, will provide the clinical team with knowledge and skills to assist patients who have a diagnosis or condition termed as a serious illness. The training will review and include:

- Identifying the patient's understanding of their diagnosis and prognosis.
- Approaches to broach, identify, and honor the patient's wishes and values should their condition worsen.
- Building on skills covered in Engagement Training, to include use of motivational interviewing and creating a self-management and care plan that aligns the patient's wishes, biomedical and psychosocial status and needs.
- Review of the link to Team-based Care, to include patient identification, assessment and care planning, monitoring and follow-up and transitioning to specialist/care coordination and use of the interdisciplinary care team.
- Review of definitions pertinent to palliative and hospice care services.
- Review of the billing and benefits available when providing serious illness, palliative care services and hospice care.
- An opportunity to practice and solidify key components and self-evaluation/awareness of abilities in having the serious illness conversation with a trained standard patient, known as simulation.

Mi-CCSI has been contracted by Blue Cross Blue Shield of Michigan as the training entity for this project.

Who should consider taking this course? If you are a licensed member of the patient-centered medical home, this course is highly recommended. During the course, we review the most current evidence and recommendations on managing serious illness, review and practice having a serious illness conversation through role playing and at the end of the day, attendees, and through simulation with trained professional standard patients, complete a serious illness conversation while being observed by trained, proficient evaluator. After the simulation exercise, attendees complete a self-evaluation and review with the evaluator their results and the results of the evaluator's observations.

To register for this class visit the MI-CCSI website at https://www.miccsi.org/training_event/palliative-care-training/.

Practice Transformation Institute (PTI)

Introduction to Team Based Care
About this course:
The Introduction to Team-Based Care course helps the learner better understand how to work in a multidisciplinary care team and in collaboration with the patient. Open to all members of the practice to gain foundational knowledge in Team-Based Care.

Course Date and Time: (Live Virtual)

Monday, June 17, 2024	8:00am - 4:00pm	**Click here to register!**
Wednesday, October 2, 2024	8:00am - 4:00pm	**Click here to register!**

Patient Engagement
About the course:
The goal of this course is for all Care Team Members to learn engagement tools/skills in order to have productive conversations with patients about their health including basic motivational interviewing skills.

The Care Team Member will build upon this foundation, to utilize patient engagement skills in different situations such as Medication Assisted Treatment, (MAT) and Palliative Care.

It is strongly recommended to take Introduction to Team Based Care before taking this course.
For additional details, please visit https://micmt-cares.org/training/patient-engagement

Course Date and Time: (Live Virtual)

Monday, September 9, 2024	9:00am - 4:00pm	**Click here to register!**
Wednesday, December 4, 2024	9:00am - 4:00pm	**Click here to register!**

Foundational CM Codes and Billing Opportunities
About the course:
This course builds upon the Introduction to Team-Based Care course, focusing on reimbursement for care management services. The course is designed to support and train physician organizations and practice staff on care management billing.

Course Date and Time: (Live Virtual):

Tuesday, June 25, 2024	8:00am - 12:00pm	**Click here to register!**
Wednesday, October 23, 2024	8:00am - 12:00pm	**Click here to register!**

Integrated Health Partners

Integrated Health Partners (IHP)

IHP offers an array of trainings throughout the year. This includes Introduction to Team Based Care, Patient Engagement, and Foundational Care Management Codes and Billing Opportunities. Each event is listed below along with upcoming dates and the event registration link.

Intro to Team Based Care 8:30 a.m. – 5:00 p.m.	Patient Engagement 8:30 a.m. – 5:00 p.m.	Foundational CM Codes and Billing Opp. Times vary; see below
Monday – 5/6/2024	Thursday – 5/2/2024	Wednesday – 5/8/2024; 11:00 a.m. – 4:00 p.m.
Wednesday – 6/19/2024	Wednesday – 6/12/2024	Wednesday – 7/24/2024; 9:00 a.m. – 2:00 p.m.

Tuesday – 9/24/2024	Wednesday – 9/11/2024	Wednesday – 8/28/2024; 11:00 a.m. – 4:00 p.m.
Wednesday – 10/9/2024	Monday – 10/7/2024	Tuesday – 10/22/2024; 9:00 a.m. – 2:00 p.m.
Tuesday – 11/12/2024	Wednesday – 11/6/2024	Monday – 11/4/2024; 11:00 a.m. – 4:00 p.m.
[REGISTER HERE](#)	[REGISTER HERE](#)	[REGISTER HERE](#)

If you have any questions, please reach out to Amber Jackson at jacksona@integratedhealthpartners.net.

My Michigan Health
UNIVERSITY OF MICHIGAN HEALTH

Please join us for a
FREE Advance Care Planning Community Facilitator Training

Community Health Worker, Nursing and Social Work continuing education credits (CNEs)

Thursday August 29, 2024 | 8:30 a.m. - 12:30p.m.

The training is in-person with a virtual option. Participants will either be emailed a link
to the in-person location or virtual training upon registration.

Pre-work will be emailed to the participant at course sign-up. Pre-work and
participation in role plays are expected for this course.
*Virtual attendees must have a working camera and microphone or ability to call
in, as active participation is needed.*

MyMichigan Medical Center Midland is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0043. Four Social Work CEUs are available upon successful completion of this four-hour program.

MyMichigan Health is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Three and a half contact hours are available upon successful completion of this four-hour program. In order to receive contact hours for this activity, you must stay for 90 percent of the course and complete an evaluation.

MyMichigan Health is an approved provider with Michigan Community Health Worker Alliance. Four CHW CEUs are available upon successful completion of this four hour program.

MiCHWA

Please register by Thursday August 22, 2024 by contacting
Amy Bailey at amy.bailey@mymichigan.org or Kelly Perry at kelly.perry@mymichigan.org

Health Net of West Michigan

- Health Net of West Michigan is currently registering for **Cohort 2** of the Care Model© Training Series, which starts May 8th in Grand Rapids. Register online! Community health workers, resource navigators, and other frontline professionals are gaining practical client engagement skills as well as a greater understanding of the systems of resources in the community and real connections with other navigators in those systems, which all contribute to improved access and health equity. Health Net is also available to bring this training to your organization or community.
- We are excited to announce the launch of our licensed Care Model© Training Curriculum to support you in building capacity within your own teams.
- Health Net of West Michigan also develops supervisors within the healthcare and human services field, please reach out to Christina Pavlak about a Supervisor Learning Cohort to meet your needs.

Michigan Community Health Worker Alliance (MiCHWA)

MiCHWA offers an array of trainings throughout the year. Below is a list of our trainings scheduled for the rest of the year. Please check out our Training Schedule on our website for registration details.
https://michwa.org/upcoming-training-certifications/?fbclid=IwAR1lZEe-odWk0zRfQ6gz4ebKBB1uTHjfUgcRI61o2sDkpz0WDsvukjDdujI

Community Health Worker Training Program

The curriculum is designed to train front-line health workers to provide culturally responsive services in Michigan communities. The 166 training hours includes 25 hours for independent self-study. Independent self-study ensures that the participants are given sufficient time to work on homework, quizzes, projects, and other assignments. Independent self-study hours may be completed at the participant's home, work location, or other location.

As part of the 166 training hours, 40 internship hours are required, consisting of field experiences in local agencies where the focus is for the student to apply and integrate theory into practice. CHWs who are currently employed will complete the internship at their place of work.

Tuition varies by certification training programs and is set by the training organizations, not by MiCHWA.

MiCHWA and Relentless Consulting Group **Time: 6:00pm-9:00pm** **Location: Virtual**	Start date: May 13, 2024 End date: July 18, 2024 Registration Deadline: April 26th 2024
MiCHWA **Time: 9:00am-4:30pm** **Location: Virtual**	Start date: June 10, 2024 End date: July 31, 2024 Registration Opens: April 10, 2024
MiCHWA **Time: 9:00am-4:30pm** **Location: Virtual**	Start date: June 11,2024 End date: August 1, 2024 Registration Opens: April 10, 2024
Detroit Recovery Project **Time: 8:30am-5:00pm** **Location: In-Person**	Start date: July 16, 2024 End date: September 4, 2024
Henry Ford College **Time: 8:30am-5:00pm** **Location: In-Person**	Start date: September 3, 2024 End date: October 22, 2024
MiCHWA **Time: 9:00am-4:30 pm** **Location: Virtual**	Start date: September 9, 2024 End date: October 30, 2024 Registration Opens: July 9,2024

Foundations of Behavioral Health Micro-Credential

The Community Health Worker (CHW) Foundations in Behavioral Health is a 64-hour micro-credential that prepares CHWs to bridge gaps in behavioral health care and provide invaluable support to individuals in need. Upon successful completion, the student will receive a certificate for this micro-credential from MiCHWA. This training has a value of $600.

FBH **Time: 9:00am-4:30pm** **Location Virtual**	Start date: May 13, 2024 End date: June 3, 2024
FBH **Time: 9:00am-4:30pm** **Location: Virtual**	Start date: August 5, 2024 End date: August 29, 2024
FBH **Time:9:00am-4:30pm** **Location: Virtual**	Start date: November 4, 2024 End date: November 29,2024

Virtual classes will be held on Tuesdays and Thursdays from 9am-4:30pm.
This program is conducted virtually. It is **an online synchronous** model incorporating learn at your own pace modules as well as face to face Zoom meetings.

- Mental Health First Aid
- ACES – Adverse Childhood Experiences
- Eating disorders
- Violence prevention
- Stress management
- Substance abuse prevention
- QPR – Suicide Prevention
- Early childhood development
- Human trafficking
- Depression
- Racism's impact on children and adolescents